

1020 Washington St. N, Twin Falls, Idaho 208-737-5900 www.phd5.idaho.gov

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## PRESS RELEASE – For Immediate Release

Contact: Susie Beem, Diabetes Program Coordinator, 737-5946

## **Diabetes Support Group to Discuss Diabetes Emotions and Stress**

TWIN FALLS - The Diabetes Support Group will host Tony Rost, pharmacist and certified diabetes educator, leading a discussion titled "Diabetes Emotions and How Stress Affects Blood Sugar." This meeting will take place on Tuesday, September 16, at 7 p.m.

The meeting will be held at South Central Public Health, located on the College of Southern Idaho campus. People attending the meeting should use the north entrance of the building.

The Diabetes Support Group meeting is open to the public, and there is no charge to attend. The group meets regularly at 7 p.m. on the third Tuesday in January, February, March, April, May, September, and November at South Central Public Health. Contact Susie Beem at 737-5946 for more information.

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